Saints
Emmanuel-Faith

School Lunch Menu

January 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 No School— Christmas Break	2 No School— Christmas Break	3 No School— Christmas Break	4
5	6 **Pork Steak** Salad Bar Grain Milk	7 **Beef & Broccoli (GF)** Salad Bar Grain Milk	8 **Chicken Noodle Casserole** Salad Bar, Grain Milk	9 **Mucho Nachos (GF)** Salad Bar Grain Milk	10 **Hot Dog (GFw/NB)** Salad Bar Grain Milk	11
12	13 **Chicken Alfredo** Salad Bar Grain Milk	14 **Italian Dunkers** Salad Bar Grain Milk	15 **Pork Enchilada** Salad Bar Grain Milk	16 **Teriyaki Chicken (GF)** Salad Bar Grain Milk	17 **Pizza** Salad Bar Grain Milk	18
19	20 **Martin Luther King Jr. Day** No School	21 **Goulash** Salad Bar Grain Milk	22 **French Toast Casserole** Salad Bar, Grain Milk	23 **Beef Stroganoff** Salad Bar Grain Milk	24 **Chicken Strips** Salad Bar Grain Milk	25
26	27 **Macaroni & Cheese** Salad Bar Grain Milk	28 **Taco (GF)** Salad Bar Grain Milk	29 **Spaghetti** Salad Bar Grain Milk	30 **Ham & Noodle Soup** Salad Bar Grain Milk	31 **Beef & Cheese Foldover** Salad Bar Grain Milk	

Daily Salad Bar is available to students ordering the main dish or may be ordered alone and includes veggies, fruit, and a grain. Salad Bar will also include the following proteins: Monday & Thursday—Yogurt, Tuesday & Friday —Cottage Cheese, Wednesday—Chef Salad Fixings (ham or turkey & shredded cheese).

*Menu is subject to change at anytime

*Milk is available for students bringing cold lunch for $0.35 (Students are encouraged to have money in their lunch account and not bring milk money to school daily)

GF - Gluten Free

GFw/NB - Gluten Free with no bread